

# Certificate in ESOL Skills for Life



## Entry 3 – Reading

19 March 2008

10am

Your full name: .....  
(BLOCK CAPITALS)

Centre: ..... Date: .....

Candidate registration number: .....

Time allowed: 60 minutes

Please answer **all** questions. Write your answers in pen **not** pencil.  
You may **not** use dictionaries. You may **not** use correction fluid.

### Examiner's use only

Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Q11	Q12	Q13	Q14	Q15	Q16	Q17	Q18	Q19	Q20	

**Certificate in ESOL Skills for Life****Entry 3 – Reading**

Time allowed: 60 minutes

**Task 1**

Read the following text and answer the questions on page 3.

\_\_\_\_\_

Viral and bacterial infections cause the majority of sore throats. These infections spread in the air or via the mouth. Other possible causes of sore throats are cigarette smoke or voice strain.

Viral infections are most frequent in the winter. Staying in enclosed areas makes for easy transmission through contact with other people. Children, with their immature immune systems and close contact with other children at school, are particularly vulnerable to these types of infections.

Doctors prescribe antibiotics to treat sore throats resulting from bacterial infections, but there is little evidence to show that they are effective against viral infections. Medication is also of little use when cigarette smoke or voice strain has affected the throat. However, it is beneficial to drink plenty of warm liquids and to keep swallowing, as saliva in the mouth helps to soothe the throat. It can also help to suck a medicated throat sweet, but remember to follow the instructions.

If a sore throat persists for longer than a week, or if you experience symptoms such as serious difficulties in swallowing or breathing; a stiff neck with severe headache; a rash; a high temperature or you start coughing up blood, \_\_\_\_\_ **A** \_\_\_\_\_ .

(Source: Adapted from *www.strepsils.com*)

**Questions**

1. The best title for the text is *(Please circle the letter of the correct answer)*
- A** Sore throats
  - B** Viral and bacterial infections
  - C** Getting rid of colds

2-4. The text has four paragraphs. Each paragraph has a purpose. Match the paragraph to the purpose. The first one is an example.

	<b>Purpose</b>	<b>Paragraph</b>
<i>Example</i>	to introduce the topic and describe different causes	1st
2.	to give information about different treatments	
3.	to describe symptoms for which you need to see a doctor	
4.	to describe when and how viral infections spread	

5. Which ending fits best in space 'A'? *(Please circle the letter of the correct answer)*
- A** you should not waste the doctor's time.
  - B** you should get medical advice.
  - C** you should buy some throat sweets.

6. Which word in the text means the same as 'not fully grown or developed'? *(Please circle the letter of the correct answer)*
- A** vulnerable
  - B** immature
  - C** saliva

6. Antibiotics are good for *(Please circle the letter of the correct answer)*
- A** treating bacterial infections
  - B** treating viral infections
  - C** treating people who smoke

8. Which of these words is **not** positive when connected with a sore throat? *(Please circle the correct answer)*

beneficial	soothe	treat	effective	severe
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**Task 2**

Read the following text and then answer the questions on page 5.

**Fish without chips**



Don't forget to include fish and seafood in your diet! They're low in calories and good for you too! Here's a handy calorie list to get you started.



Calories per 28g/1oz, unless otherwise stated

Anchovies, per fillet..... 10	Lobster, meat only, boiled..... 29
Caviar..... 26	Mackerel, smoked..... 99
Cod, baked..... 27	Oysters, each..... 7
Cod, raw..... 22	Pilchards, tinned in tomato..... 40
Crab, whole, cooked..... 32	Plaice, raw, steamed..... 22
Dover sole, fillet, raw..... 25	Salmon, raw..... 50
Dover sole, steamed or poached..... 26	Sardines, whole, grilled..... 55
Haddock, steamed or poached..... 29	Trout, grilled..... 38
Herring, fillet, grilled..... 51	
Kippers, baked or grilled..... 71	
Lemon sole, steamed or poached..... 26	

(Source: adapted from *Your Greatest Guide to Calories and Fat*, Slimming Magazine)

**Questions**

9. This text will help you to *(Please circle the letter of the correct answer)*

- A** find the correct page in a book
- B** eat a healthy diet
- C** cook fish and seafood

10. Complete the sentence using the information in the text.

..... has the highest number of calories.

11. Where should prawns come in the list? *(Please circle the letter of the correct answer)*

- A** between 'pilchards' and 'plaice'
- B** between 'plaice' and 'salmon'
- C** between 'oysters' and 'pilchards'

12. Which two fish have the same amount of calories as caviar?

..... and .....

13. Which two fish can you steam? *(Please circle the letter of the correct answer)*

- A** anchovies and salmon
- B** haddock and sardines
- C** plaice and lemon sole

14. According to the text, which fish comes in a tin?

.....

**Task 3**

Look at the following three texts and then answer the questions on page 7.

**Text one**

**Vegetable Gravy Powder**

1. Put 4 heaped teaspoons (4 x 5ml) of gravy granules into a measuring jug.
2. Make up to 250ml (1/2 pint) with boiling water.
3. Stir well and use in casseroles, soups or stews.
3. \_\_\_\_\_

**Warning: Please take care when using boiling water.**

(Source: Adapted from *Morrison's Chicken Gravy Granules*)

**Text two**

**Quality Life Insurance**  
**To receive a FREE no obligation personal quote**  
**CALL 0845 936 421**

If you only wish to receive information please complete the form and return.  
Please use CAPITALS.

Title (Mr/Mrs/Miss/Ms/Other) \_\_\_\_\_

First name \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Postcode \_\_\_\_\_ Age at last birthday \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

**Quality Life Insurance, FREEPOST, Quality House, Albany Road, Coventry, CV5 6ZZ.**

**Text three**

Charles de Gaulle Airport is 23km north of the city. There are two main terminals, CDG1 and CDG2. The quickest way into central Paris is the express train. This uses Line B of the Paris train network. The train station is on the ground floor of CDG1. From CDG2 you can take a free bus which connects the two terminals.

**Questions**

15. Text one tells you how to (*Please circle the letter of the correct answer*)
- A** boil water
  - B** make gravy
  - C** cook casseroles
16. In text one, which instruction is missing? (*Please circle the letter of the correct answer*)
- A** If you want thicker gravy just add more powder.
  - B** You can add more powder to make the gravy thicker.
  - C** Add more powder for extra thickness.
17. In text two, which is correct? The form is to (*Please circle the letter of the correct answer*)
- A** get a free personal life insurance quote
  - B** send money to pay for life insurance
  - C** get information about life insurance
18. You cannot contact Quality Life Insurance (*Please circle the letter of the correct answer*)
- A** by email
  - B** by phone
  - C** by letter
19. Text three is for people (*Please circle the letter of the correct answer*)
- A** arriving in Paris by train
  - B** arriving in Paris by plane
  - C** arriving in Paris by car
20. To travel to Paris from the airport, you have to (*Please circle the letter of the correct answer*)
- A** take the express train from CDG1
  - B** take a bus from CDG1 to CDG2
  - C** take a train from CDG2 to Line B

